

# REMIF Self-Insurance Committee Minutes

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Date: July 11, 2019

Time: 2:00 p.m.

Telephonic Committee Meeting

Dial In: (646) 664-4400/ Conference ID: 17171#

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## AGENDA

Call to Order: 2:03 PM

### I. ROLL CALL

#### A. Present:

- i. Amy Northam, REMIF
- ii. Danette Demello, Arcata
- iii. James Leon, Town of Windsor
- iv. Kelly Buendia, Lakeport
- v. Stephanie Garrabrandt-Sierra, Willits

#### B. Also in attendance:

- i. Carol Reid, RealCare
- ii. Pat O'Brien, RealCare

#### C. Absent:

- i. Sheri Mannion, Ukiah
- ii. Royann Franchini, RealCare

### II. APPROVAL OF MINUTES

#### A. Meeting of June 13, 2019

- i. Arcata motioned to approve, Lakeport seconded; motion carried.

### III. ITEMS FOR DISCUSSION

#### A. Cost Change to LiveHealth Online – Informational Only – Attachment

- i. Pat reviewed the communication received from HealthComp announcing a change in the LiveHealth Online pricing. Danette shared that she has used the service, and had a great experience. Her visit was quick and her Rx was ready within an hour.
- ii. The Committee discussed the value of this program and everyone agreed that efforts should be made to promote the benefit off Open Enrollment. A push to educate employees was recommended.
  - 1. Pat asked Danette and James to share how they'd like to promote it.
    - a. Danette shared that she wants to establish an annual calendar to promote different things each month. She suggested we make this a

part of a bigger communication calendar for cities to use to promote different benefits to the employees.

b. James liked the idea of using an email blast. He also suggested using a brown bag lunch as those have been very successful for the town.

c. Wallet cards were suggested.

2. Danette shared that the City hosted a “last minute” OE meeting and had high attendance, in the teens or low 20s.

3. Pat suggested that the Committee recommend the cities use a variety of methods to promote, and to have them reach out to employees multiple times so that they are well informed. She will begin gathering information that can be used to send to Employees.

**B. Medical Claims Audit – Update only**

i. Amy reviewed the reason for the audit. Discussed the vendors, and said she did a quick look, but wanted feedback from the committee before moving forward.

1. Asked if anyone wanted to get involved in a deep dive on the analysis

a. Stephanie said she’d love to, but she is too busy. James and Danette said they were comfortable having Amy, Pat and Royann do the deep dive and report back to the Committee.

**C. Policies and Procedures project – Update only**

i. Amy has been working on several things and hasn’t made much progress on this but it is on her list and she will give an update at the next meeting.

ii. Pat shared that she recently pulled out notes from prior discussions with the attorney and will work on adding notes to the existing documents.

Next Meeting: July 25<sup>th</sup> @ 2pm

Meeting adjourned: 2:49 PM

**Health Insurance Committee Members:**

**Danette Demello** – City of Arcata – 736 F Street, Arcata, CA 95521; 707-825-2120; [ddemello@cityofarcata.org](mailto:ddemello@cityofarcata.org)

**James Leon** – Town of Windsor – 9291 Old Redwood Highway, Windsor, CA 95492; 707-838-5379; [jleon@townofwindsor.com](mailto:jleon@townofwindsor.com)

**Kelly Buendia** – City of Lakeport – 255 Park Street, Lakeport, CA 95453; 707-263-5613 x30; [kbuendia@cityoflakeport.com](mailto:kbuendia@cityoflakeport.com)

**Sheri Mannion**—City of Ukiah—300 Seminary Drive, Ukiah, CA 95482; 707-463-6244; [smannion@cityofukiah.com](mailto:smannion@cityofukiah.com)

**Stephanie Garrabrant-Sierra** – City of Willits—111 E. Commercial, Willits, CA 95490; 707-459-4601; [sgsierra@cityofwillits.org](mailto:sgsierra@cityofwillits.org)