

REMIF Self-Insurance Committee Minutes

Date: May 9, 2019

Time: 2:00 p.m.

Telephonic Committee Meeting

Dial In: (646) 664-4400/ Conference ID: 17171#

AGENDA

- I. ROLL CALL – call to order 2:09 pm
 - A. Present:
 - i. Amy Northam, REMIF
 - ii. Danette Demello, Arcata
 - iii. Kelly Buendia, Lakeport
 - iv. Stephanie Garrabrant-Sierra, Willits
 - v. Royann Franchini, RealCare
 - B. Also in attendance:
 - i. Court Edwards, EnvisionRx
 - ii. Sheldon Campbell, EnvisionRx
 - C. Absent:
 - i. James Leon, Windsor
 - ii. Sheri Mannion, Ukiah
 - iii. Pat O'Brien, RealCare
- II. APPROVAL OF MINUTES
 - A. Meeting of February 28, 2019, March 14, 2019 and April 11, 2019
Minutes were not approved due to lack of quorum (will move to next meeting)
- III. ITEMS FOR DISCUSSION
 - A. EnvisionRx Potential Plan Changes for FY 19/20 – **Action**– Attachment
 - i. Benefit Modification Options
 - 1. Change Formulary from Standard to Select.**
 - a. The Committee heard from EnvisionRX on the formulary change.
 - b. We have the option of changing formularies. Currently, REMIF is on the Standard formulary. Changing to EnvisionRx's Select Formulary would save a little over \$56,000 per year. The Select Formulary has more excluded medications. There would be 48 members affected by moving to the Select Formulary.
 - c. 70% of EnvisionRx's clients use the Standard Formulary

- d. EnvisionRx recommended that there be no change to the Formulary this year and that we take another look for 7-1-20.

The HealthCare Committee has no interest in changing Formularies at this time.

2. Non-Essential Drug Program

- a. The Committee heard from EnvisionRx on the non-essential drug program.
- b. At the direction of EnvisionRx, a third party looks at clinically appropriate alternatives to drugs every quarter. The vendor does not use cost as a criteria. They only look at the clinical effectiveness.
- c. Often drug manufacturers come out with new versions of a drug (extended release, for instance) and price them much higher than the original versions. These drugs do not work any better than the original versions.
- d. If the Non-Essential Drug Program is implemented, there are 6 drugs and 12 people who would be affected.
- e. Could grandfather the 12 people.
- f. EnvisionRx would send letters to affected members stating their drug would no longer be covered. The letter provides information for the member to consult with their doctor to see what is appropriate.
- g. Appeals process is also stated in the letter.
- h. EnvisionRx will provide a copy of the sample letters to the Committee.
- i. EnvisionRX will see if communication can be sent to the providers (and will report back).

Motion to recommend that the Board approve the Non-Essential Drug Program with no grandfathering. Program would go into effect 8-1-19. Communications will go out to the utilizers. Kelly Buendia (Lakeport) motions; Stephanie Garrabrant-Sierra (Willits) seconds. Motion carries.

3. 90 day maintenance drug refill at Retail Pharmacies

- a. The Committee heard from EnvisionRx.
- b. Members would be able to go to their retail pharmacies and get a 90 day supply of their maintenance drugs with a copay equal to 1.5 times the normal copay for the appropriate tier.
- c. EnvisionRx confirmed that this change would not affect the renewal rates.
- d. Envision would send letters to all covered members advising them of this change.

Motion to recommend that the Board approve the 90 day drug refill at retail pharmacies. Program would go into effect 8-1-19. Danette Demello (Arcata) motioned; Stephanie Garrabrant-Sierra seconds. Motion carries.

Due to time constraints, the following items will carry over to the May 23, 2019 meeting.

- B. SUMMARY PLAN DESCRIPTION (SPD) for PLAN YEAR 7-1-19/20 – Action Item – Attachment –
 - i. Clarify eligibility for members returning from military service
 - ii. Electronic Consultations while confined in hospital
- C. SELF-FUNDED PLAN – QUALITY OF CARE ISSUES – Discussion
 - i. A member city has expressed quality of care issues in the plan. Discussion on concerns and how to respond to concerns.
- D. Audit – Discussion Only
- E. Policies and Procedures project – Informational only - Update
- F. Dependent Eligibility Audit – Update Informational Only

Next Meeting: May 23, 2019; 2 pm

Meeting adjourned: 3:12 pm

Health Insurance Committee Members:

Danette Demello – City of Arcata – 736 F Street, Arcata, CA 95521; 707-825-2120; ddemello@cityofarcata.org

James Leon – Town of Windsor – 9291 Old Redwood Highway, Windsor, CA 95492; 707-838-5379; jleon@townofwindsor.com

Kelly Buendia – City of Lakeport – 255 Park Street, Lakeport, CA 95453; 707-263-5613 x30; kbuendia@cityoflakeport.com

Sheri Mannion – City of Ukiah – 300 Seminary Drive, Ukiah, CA 95482; 707-463-6244; smannion@cityofukiah.com

Stephanie Garrabrant-Sierra – City of Willits – 111 E. Commercial, Willits, CA 95490; 707-459-4601; sgsierra@cityofwillits.org