



# REMIF Self-Insurance Committee Agenda

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Date: January 26, 2023

Time: 2:00 p.m.

Telephonic Committee Meeting

Dial In: (646) 664-4400/ Conference ID: 17171#

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## AGENDA

Call to Order:

### I. ROLL CALL

- A. Present:
- B. Also in attendance:
- C. Absent:

### II. APPROVAL OF MINUTES

- A. Meeting of December 8, 2022

### III. ITEMS FOR DISCUSSION

- A. **Wellness Programs - Action**
- B. **REMIF 7-1-23 Renewals – Action**
- C. **Waive copay on Tele-medicine on HSA Plans – Information**
- D. **Income and Expense – Information**

Next meeting:

Meeting adjourned:

## Health Insurance Committee Members:

**Andrew Sturmfels** – City of Healdsburg—401 Grove Street, Healdsburg, CA 95448; [asturmfels@healdsburg.gov](mailto:asturmfels@healdsburg.gov)

**Danette Demello** – City of Arcata – 736 F Street, Arcata, CA 95521; 707-825-2120; [ddemello@cityofarcata.org](mailto:ddemello@cityofarcata.org)

**James Leon** – Town of Windsor – 9291 Old Redwood Highway, Windsor, CA 95492; 707-838-5379; [jleon@townofwindsor.com](mailto:jleon@townofwindsor.com)

**Kelly Buendia** – City of Lakeport – 255 Park Street, Lakeport, CA 95453; 707-263-5613 x30; [kbuendia@cityoflakeport.com](mailto:kbuendia@cityoflakeport.com)

**Sheri Mannion**—City of Ukiah—300 Seminary Drive, Ukiah, CA 95482; 707-463-6244; [smannion@cityofukiah.com](mailto:smannion@cityofukiah.com)



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