



# REMIF Self-Insurance Committee Minutes

---

Date: March 26, 2020

Time: 2:00 p.m.

Telephonic Committee Meeting

Dial In: (646) 664-4400/ Conference ID: 17171#

---

## AGENDA

Call to Order: 2:03 p.m.

### I. ROLL CALL

#### A. Present:

- i. Amy Northam, REMIF
- ii. Danette Demello, Arcata
- iii. Stephanie Garrabrant-Sierra, Willits

#### B. Also in attendance:

- i. Carol Reid, RealCare
- ii. Pat O'Brien, RealCare
- iii. Royann Franchini, RealCare

#### C. Absent:

- i. James Leon, Windsor
- ii. Kelly Buendia, Lakeport
- iii. Sheri Mannion, Ukiah

### II. APPROVAL OF MINUTES - **No Quorum**

#### A. Meeting of March 12, 2020

### III. ITEMS FOR DISCUSSION

#### A. **LiveHealth Online – Informational**

- i. Because of the severity of the pandemic, Amy Northam directed RealCare to have HealthComp prepare an amendment that waives the \$10 copay for LiveHealth Online visits.
- ii. The Committee asked Amy Northam to prepare a memo to distribute to all entites to send to covered members so that the message is consistent throughout the membership.

#### B. **Tele-Medicine Expansion – Discussion**

- i. We refined SPD language to eliminate anything but LiveHealth Online.
- ii. SB744 is expnding telehealth. Doesn't apply to self-funded plans. Given the current pandemic, doctors/members want to use telehealth.

- iii. What are providers saying? Are providers looking to use telehealth?
- iv. What is the direction from the Committee?
  - 1. Whether to proceed with studying the effects of expanding telehealth services under the REMIF Plan.
  - 2. Would the Committee want to recommend such an expansion?
- v. Would coverage be through preferred providers, authorized referrals, for EPO members?
- vi. What is the economic impact?

RealCare will research the questions posed and report back at the next meeting.

**C. Benefit Satisfaction Survey – Update**

- i. It is not timely to do a survey at this time due to COVID-19. Will circle back once it is more appropriately to do so.

Next meeting: April 9, 2020; 2:00 p.m.

Meeting adjourned: 2:38 p.m.

**Health Insurance Committee Members:**

**Danette Demello** – City of Arcata – 736 F Street, Arcata, CA 95521; 707-825-2120; [ddemello@cityofarcata.org](mailto:ddemello@cityofarcata.org)

**James Leon** – Town of Windsor – 9291 Old Redwood Highway, Windsor, CA 95492; 707-838-5379; [jleon@townofwindsor.com](mailto:jleon@townofwindsor.com)

**Kelly Buendia** – City of Lakeport – 255 Park Street, Lakeport, CA 95453; 707-263-5613 x30; [kbuendia@cityoflakeport.com](mailto:kbuendia@cityoflakeport.com)

**Sheri Mannion**—City of Ukiah—300 Seminary Drive, Ukiah, CA 95482; 707-463-6244; [smannion@cityofukiah.com](mailto:smannion@cityofukiah.com)

**Stephanie Garrabrant-Sierra** – City of Willits—111 E. Commercial, Willits, CA 95490; 707-459-4601; [sgsierra@cityofwillits.org](mailto:sgsierra@cityofwillits.org)