



REMIF Self-Insurance Committee Minutes

Date: August 27, 2020

Time: 2:00 p.m.

Telephonic Committee Meeting

Dial In: (646) 664-4400/ Conference ID: 17171#

AGENDA

Call to Order: 2:01 p.m.

I. ROLL CALL

A. Present:

- i. Amy Northam, REMIF
- ii. Danette Demello, Arcata
- iii. James Leon, Windsor
- iv. Kelly Buendia, Lakeport
- v. Sheri Mannion, Ukiah

B. Also in attendance:

- i. Carol Reid, RealCare
- ii. Pat O'Brien, RealCare
- iii. Royann Franchini, RealCare

C. Absent:

- i. Stephanie Garrabrant-Sierra, Willits

II. APPROVAL OF MINUTES

A. Meeting of July 23, 2020

Danette Demello, Arcata, moves to approve the July 23, 2020, Minutes: Kelly Buendia, Lakeport, seconds the motion. Motion carries.

III. ITEMS FOR DISCUSSION

A. Transamerica/Express Scripts Retiree Medical Renewal – Action

AmWINS presented the 1-1-21 renewal for the Transamerica Medicare Supplement plan and Express Scripts Rx plan. The rate increase for the current benefit package is between +5.48% and +6.46%, depending on the Rx plan each city has chosen.

AmWINS presented 3 options to help reduce the requested increase. Two of the options would keep the Medical portion of the coverage with Transamerica but change the Supplement plan design from a Plan F

to a Plan G plan design. There would be no change to the Express Scripts Rx plan design. The increases in cost would be between +0.98% and +2.96%, depending on the Rx plan each city has chosen.

The third option presented would keep the plan design unchanged for medical and Rx coverage but change the Medicare Supplement vendor from Transamerica to United American. The Express Scripts Rx plan design would remain unchanged. The requested renewal would be from -0.31% to -0.97%.

Changing the medical portion of the coverage to United American would be seamless to current participants. The transition would be completed through a file transfer from one company to the other. AmWINS is required to notify participants of the change. Participants would get new medical ID cards. Current Rx ID cards would remain valid and unchanged. The current AmWINS Billing and Administrative procedures would remain unchanged.

Sheri Mannion, Ukiah, motions to recommend that the Board approve the change to United American; Danette Demello, Arcata, seconds the motion. Motion carries.

Should the Board approve the move to United American, the Committee would like RealCare to research the following:

1. If a Prior Authorization is required and has been approved for a procedure, would the PA transfer from one medical carrier to the other?
2. The Committee would like to know when AmWINS would be sending the announcement letters to the participants so that the cities can give advance notification to their members.
3. Can the name of the company (United American Insurance Company) be bolded on the announcement letter?

B. LiveHealth Online – Update

- i. LHO copay waiver is effective through 9-13-20.
- ii. We have now been informed that due to State Legislation, the waiver of the LHO copays is now open-ended. **NEEDS CLARIFICATION! State legislation referred to non-LHO Telemedicine that mirrors an office visit copay.**
- iii. **If an LHO visit results in a COVID test, the copay is waived indefinitely.**
- iv. **If we want to extend \$10 copay waiver, HealthComp needs to know by Monday, August 31, 2020, at the latest.**

Danette Demello, Arcata, motions to extend the \$10 copay waiver through 12-31-20; Kelly Buendia, Lakeport, seconds the motion. Motion carries.

Committee is in favor for the waiver being granted through the 12-31-20. Because a decision is needed by 8-31-20, Amy Northam has authorized the waiver of the \$10 LHO copay through 12-31-20.

C. Telemedicine Expansion – Update

- i. Coverage for this expanded benefit is in effect until September 1, 2020.
- ii. **We have now been informed that due to State Legislation, coverage for telemedicine benefits must be covered with no end date.**
- iii. At the July 23, 2020, Health Care Committee meeting, there was a motion to recommend to the Board that Telemedicine benefits become a permanent benefit.

D. EnvisionRx soon to become Elixir – Informational

- i. No change in group or phone numbers.
- ii. Newly printed HealthComp ID cards will reflect the Elixir name once the transition has been completed.

E. Income and Expense – Informational

Pat O'Brien, RealCare, noted that we are still awaiting Stop Loss reimbursements.

Next meeting: September 10, 2020; 2:00 p.m.

Meeting adjourned: 2:53 p.m.

Health Insurance Committee Members:

Danette Demello – City of Arcata – 736 F Street, Arcata, CA 95521; 707-825-2120; ddemello@cityofarcata.org

James Leon – Town of Windsor – 9291 Old Redwood Highway, Windsor, CA 95492; 707-838-5379; jleon@townofwindsor.com

Kelly Buendia – City of Lakeport – 255 Park Street, Lakeport, CA 95453; 707-263-5613 x30; kbuendia@cityoflakeport.com

Sheri Mannion – City of Ukiah – 300 Seminary Drive, Ukiah, CA 95482; 707-463-6244; smannion@cityofukiah.com

Stephanie Garrabrant-Sierra – City of Willits – 111 E. Commercial, Willits, CA 95490; 707-459-4601; sgsierra@cityofwillits.org