



REMIF Self-Insurance Committee Minutes

Date: September 10, 2020

Time: 2:00 p.m.

Telephonic Committee Meeting

Dial In: (646) 664-4400/ Conference ID: 17171#

AGENDA

Call to Order: 2:03 p.m.

I. ROLL CALL

A. Present:

- i. Amy Northam, REMIF
- ii. James Leon, Windsor
- iii. Kelly Buendia, Lakeport
- iv. Sheri Mannion, Ukiah

B. Also in attendance:

- i. Pat O'Brien, RealCare
- ii. Royann Franchini, RealCare

C. Absent:

- i. Danette Demello, Arcata
- ii. Stephanie Garrabrant-Sierra

II. APPROVAL OF MINUTES

A. Meeting of August 27, 2020

Kelly Buendia, Lakeport, motions to approved the Minutes of August 27, 2020; Sheri Mannion, Ukiah, seconds the motion. Motion carries.

III. ITEMS FOR DISCUSSION

A. **Medical Claims Audit –DME - Action**

- i. DME pre-certifications

Because Anthem's Utilization Review contract currently does not provide for this service, no DME pre-certifications are being done.

HealthComp can perform the Pre-Certifications. The cost is \$140 per hour. If the request needs to go to an Independent Review Organization (IRO) for review, the cost can range from \$155 to \$210 per review.

If it is recommended that HealthComp perform the pre-certifications, it is suggested to put a dollar threshold to be pre-certified. Per HealthComp, a claim for \$800 may have an Anthem allowance of \$52.00. Anthem has excellent pricing on DME. All non-Network provider claims are scrutinized when charges exceed \$1,500. HealthComp reports that they typically do not see enough savings from pre-certifying DME to offset member disruption caused from holding and reviewing claims.

From 1/1/19 through 12/31/19, 302 DME claims were processed ranging in charges from \$50-\$1,800. From 1/1/2020 through June, 2020, 134 DME claims were processed. The vast majority of these claims are for services related to Obstructive Sleep Disorders, with CPAP/BiPAP being the standard of care with relatively no savings impact with further pre-certification requirements.

Because of member disruptions caused from holding and reviewing claims and because it does not appear to be cost effective to have HealthComp perform the service, it is recommended to eliminate the pre-certifications on DME claims. It is also recommended to review DME claim costs again in 12 months.

Kelly Buendia, Lakeport, motions to eliminate the pre-certification requirement for DME and to review claims in 12 months; James Leon, Windsor, seconds the motion. Motion carries.

B. Transamerica/Express Scripts Renewal – Update

At the August 27, 2020, Committee meeting, there was a motion to recommend that the Board approve the change to United American. Motion carried.

The Committee asked RealCare to research the following:

1. If a PA is required, will it roll over to United American?
 - a. *AmWINS is not aware of any PA's needed for Traditional Medicare. Also if there is any procedure that would require a PA, it would not be necessary to do anything to alert United American. UA claims are processed via crossover which basically puts Medicare in the gatekeeper role.*
2. When will the AmWINS announcement letter be sent to participants?
 - a. *The letter to the retirees is typically mailed out within 2-3 business days from the time we receive the signed renewal acceptance. The signed renewal acceptance is due by September 25, 2020.*
3. Can United American Insurance Company be bolded in the letter?
 - a. *Yes, AmWINS will bold the reference to United American in the retiree communication letter.*

Next meeting: Thursday, October 8, 2020; 2:00 p.m.

Meeting adjourned: 2:18 p.m.

Health Insurance Committee Members:

Danette Demello – City of Arcata – 736 F Street, Arcata, CA 95521; 707-825-2120; ddemello@cityofarcata.org

James Leon – Town of Windsor – 9291 Old Redwood Highway, Windsor, CA 95492; 707-838-5379; jleon@townofwindsor.com

Kelly Buendia – City of Lakeport – 255 Park Street, Lakeport, CA 95453; 707-263-5613 x30; kbuendia@cityoflakeport.com

Sheri Mannion—City of Ukiah—300 Seminary Drive, Ukiah, CA 95482; 707-463-6244; smannion@cityofukiah.com

Stephanie Garrabrant-Sierra – City of Willits—111 E. Commercial, Willits, CA 95490; 707-459-4601; sgsierra@cityofwillits.org