



Helping hand

Child care services

Aetna Resources For LivingSM

Finding child care is easier,
thanks to daily life assistance.

For many parents, finding childcare can be a stressful process. You want the best for your child. But you have to think about costs, wait-lists and other factors. Don't worry. We can help.

Call a **worklife specialist** for:

A specific discussion of your child care needs, including:

- When coverage is needed
- Preferred location
- Financial limits
- Type of care needed/preferred
- Research to find care in your area that fits your needs
- Referrals to qualified caregivers
- Guidebooks, tip sheets and other helpful information related to your request

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Go to your member website for:

- A convenient child care search tool so you can do your own child care search anytime, anywhere
- Articles, videos and more on topics such as parenting, education and child development

Find help with your child care search. We're here for you 24/7.

Worklife specialists can help you with referrals to:

- Before- and after-school care
- Back-up care
- Preschools and nurseries
- Babysitters
- In-home providers
- Family care providers
- Child care centers
- Summer camps
- Special needs care
- Adoption resources
- Financial resources for child care assistance

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